

CURRICULUM VITAE

Richard A. Baxter, MD, FACS

Board certified plastic surgeon, author, artist, and researcher

Last updated Sept 2021

Positions:

Private Practice at Baxter Plastic Surgery PLLC dba PHASE Plastic Surgery 1990-present

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Owner and Director, PHASE Plastic Surgery, PHASE Longevity, and PHASE ASC

Medical Director, Calidora - Skin Spirit Washington 2005-2021

Medical Education:

M.D., June 1983, University of California, San Diego School of Medicine

Residency Training:

General Surgery Residency: Swedish Hospital Medical Center, Seattle, WA. 6/83 – 6/88

Plastic Surgery Residency: Oregon Health Sciences University, 7/88 - 6/90

Licenses and Certification:

Washington State Medical License #22150

California License Certificate #G87955

Oregon State Medical License #15822 (inactive)

Diplomate, American Board of Surgery, Certificate #34155, 1989 -1999

Diplomate, American Board of Plastic Surgery, Certificate #4131, 1992

ASAPS Certificate of Advanced Education in Cosmetic Surgery, January, 1999

Professional Society Memberships:

American Society of Plastic Surgeons

Fellow, American College of Surgeons

King County Medical Society

Northwest Society of Plastic Surgeons

Washington State Medical Association

Washington Society of Plastic Surgeons

American Society for Aesthetic Plastic Surgery

International Society for Aesthetic Plastic Surgery

Committee and Society Positions (Partial list):

Washington Society of Plastic Surgeons, President 1998

ASPS Public Education Committee, 1997-2001

Online Communications Committee 2000-2002

Emerging Trends Committee, 2008 – 2018

Northwest Society of Plastic Surgeons, President 2004

WSMA Judicial Council 2001-2006 (Vice-chair)

ASAPS Membership Committee, Northwest Region Representative 2007-2010

ASAPS/ASERF Innovative Procedures Committee 2008-2018

ASAPS Ethics Commission Chair 2018-2021

Clinical Trial Participation (Partial list)

Study	Dates	IRB	Protocol #	Sponsor
A Randomized Evaluation of the Safety and Effectiveness of a Focused Ultrasound Device (SCULPT study)	6/23/2009-9/21/2009	Quintiles	LP-1100-01	Liposonix
A Phase 2 Study to Evaluate Efficacy of EXC 001 for the Amelioration of Scarring From Prior Breast Surgery	05/2011-11/2011	Aspire	001-204	Excaliard
A Phase 2 Study on Revision of Scars From Prior Studies of EXC 001	06/2012-12/2012	Aspire	001-206	Excaliard
SERI Surgical Scaffold for Support of Stretch Deformities in Revision Breast Augmentation Surgery	11/2014-11/2015	Compass	GMA-Seri-12-001	Allergan
Use of Galaflex Mesh in Ptotic Breast	11/2013-12/2014	WIRB	CP-1050	Tepha
Sientra Silicone Gel Breast Implants: Post Approval Cohort Study		IRBCO	CP-1005	Sientra
Impact of EXPAREL® On Patient Outcomes In Subjects Undergoing Augmentation Mammoplasty, Breast Reduction and Abdominoplasty	2012	WIRB	MSE401	Pacira

Miscellaneous:

World's first live plastic surgery webcast, October 1998

Voted "Favorite Plastic Surgeon" in the Best of Western Washington poll, KING5-TV's Evening Magazine, 2009

Clinical Instructor, University of Washington School of Medicine, 1992-2009

Medical Advisory Board (founding member), Liposonix Corp., 2003-2008

Listed in "Guide to Top Doctors" (voted by peers) 1999

Listed in "America's Cosmetic Doctors and Dentists"

"Healing the Children" volunteer surgical missions to Latvia, 1995 and Guatemala, 1997

Board member, Washington News Council 2001-2006

Chair, 2006 Washington Wines Festival

ASAPS Certificate of Special Recognition for Community Service and Volunteerism, 2004

WSPS "Golden Hands" Award for Best Cosmetic Surgery Case Presentation, June 2007

Drawing selected for cover art, ASAPS membership roster 2009-2010

Drawing selected for 2010 Edmonds Arts Festival juried Show

Mirror ball trophy, Argentine tango, *Seattle Dances* fundraiser 2012

Research and Presentations (Partial list; more than 100 peer-reviewed publication and formal presentations)

- *The Pursestring Mastopexy*. R.A. Baxter, M.D. Presented to Washington State Chapter of the American College of Surgeons, June 1995.
- *Serum Lipid Changes with Large Volume Liposuction*. Presented to Northwest Society of Plastic Surgeons annual meeting, February 1997.
- Course Instructor, LySonix Ultrasonic –Assisted Liposuction Seminar, Vancouver BC, September 1997.
- *Pearls and Pitfalls with Ultrasonic-Assisted Liposuction: Review of 100 Cases*. Read before the Northwest Society of Plastic Surgeons Annual Meeting, February 1998 (voted Best Member Paper)

- Baxter RA. *Histologic Effects of Ultrasonic-Assisted Lipoplasty*. *Aesthet Surg J* 1999; 19:109-114.
- *Ultrasonic-Assisted Liposuction (Internal)* chapter for e-medicine online textbook, 2002.
- *Internal vs. External Ultrasonic-Assisted Liposuction: Preliminary results*. Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2000.
- *Risk of Intraluminal Saline Implant Infection*. Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2000.
- Baxter RA. *Controlled Results with Abdominoplasty*. *Aesthetic Plastic Surgery* 2001;25(5):357-64.
- “*Three Breast Implant Tips*”. Northwest Society of Plastic Surgeons Annual Meeting, February 2002. (voted Best Member Paper)
- *Controlled Results with Abdominoplasty*. Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2003.
- Baxter RA. *Intracapsular Allogenic Dermal Grafts for Breast Implant-Related Problems*. *Plastic and Reconstructive Surgery* 2003;112(6):1692-6.
- Baxter RA. *Nipple or Areolar Reduction with Simultaneous Breast Augmentation*. *Plastic and Reconstructive Surgery* 2003;112(7):1918-21.
- Baxter RA. *Indications and Practical Applications for High-Profile Saline Implants*. *Aesthet Surg J* 2004;24(1):24-27.
- *Anti-Aging Effects of Red Wine Polyphenols*. Presented to 29th Annual Convention of the American Society of Plastic Surgery Nurses, San Diego, October 2003
- *Anti-Aging Effects of Red Wine Polyphenols*. Presented to the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Lake Louise, Alberta, Feb 2004
- *Age gets better with wine: Anti-aging effects of wine polyphenols*. Presented to the Society of Physicians for Wine and Health, Portland, Oregon, May 16 2004.
- *Baxter R. Subfascial breast augmentation: Theme and variations*. *Aesthet Surg J* 2005;25(5):447-53.
- *The split subfascial/subpectoral technique for breast augmentation*. Presented to the conjoined meeting of the California Society of Plastic Surgeons and the Rocky Mountain Association of Plastic Surgeons, Las Vegas, Nevada, June 2006.

- Invited faculty, Fourth International Congress of Plastic, Aesthetic, and Reconstructive Surgery, Monterrey, Mexico, March 2007.
- Baxter R. *Anti-aging properties of resveratrol: review and report of a potent new antioxidant skin care formulation.* J Cosmetic Dermatol 2008;7:2-7.
- *The split muscle approach for breast augmentation.* Presented at the Northwest Society of Plastic Surgeons, Hawaii, Feb 2008.
- *A prospective study of immediate post-liposuction Thermage for skin tightening.* Presented to the Northwest Society of Plastic Surgeons, Hawaii, Feb 2008.
- *Better Red than Dead? Update on Wine and Health.* Presented to the Society of Wine Educators annual meeting, Sacramento, CA, July 2009.
- *Subfascial and split subpectoral breast augmentation: Theme and variations.* Presented at the annual meeting of the American Society of Plastic Surgery Nurses, October 2009.
- *Prevention and correction of animation deformities with subpectoral breast augmentation.* Presented at the 15th World Congress of the International Confederation for Plastic, Reconstructive, and Aesthetic Surgery, New Delhi, India, December 2009.
- *Innovating the future of plastic surgery.* Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Kauai, February 2010.
- *Aging Better with Wine.* Hot Topics Special Presentation, American Society for Aesthetic Plastic Surgery annual meeting, Washington DC, April 2010.
- Faculty moderator, Northwest Breast Symposium, Woodinville, WA May 2010.
- *Is resveratrol a true anti-aging compound?* Am J Aesthetic Medicine 2010 July;1:9-12.
- *Prevention and correction of animation deformities with split muscle technique for breast augmentation.* Electronic presentation, International Society of Aesthetic Plastic Surgeons 20th Congress, San Francisco, August 2010.
- *Ulthera microfocused ultrasound for facial rejuvenation.* Presented at the Japanese Society for Aesthetic Plastic Surgery, Kyoto, Oct 2010.
- Invited faculty, Lifecell Breast Augmentation Revision Surgeons Forum, Las Vegas, 2010.

- Baxter R. *Update on the split muscle technique for breast augmentation: Prevention and correction of animation distortion and double-bubble deformity.* *Aesthetic Plast Surg* 2011;35(3):426-9. [epub 2010 Oct 7].
- *Is Resveratrol a True Anti-Aging Compound?* Invited lecture, 18th annual World Congress on Anti-Aging Medicine and Biomedical Technologies, Las Vegas Dec 2010.
- Invited Panelist, New Technology, NWSPPS annual scientific meeting, Sun Valley 2011.
- *Botanical Antioxidants: The next big thing in skin care?* Presented at the Society of Plastic Surgery Skin Care Specialists annual meeting, Boston, May 2011.
- *Plastic surgery tourism: A global issue.* Presented at Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, May 2011.
- *Update on wine and health.* Keynote address, Florida Society of Interventional Pain Specialists, Kissimmee FL, May 2011.
- *High Intensity Focused Ultrasound for Noninvasive Body Contouring: Relationship of Energy level to Effectiveness, Time, and Tolerability.* Presented at 16th World Congress of the International Confederation for Plastic, Reconstructive, and Aesthetic Surgery, Vancouver Canada, May 2011.
- Jewell ML, Baxter RA, Cox SE, Donofrio LM, Dover JS, Glogau RG, Kane MA, Weiss RA, Martin PM, Schlessinger J. *Randomized sham-controlled trial to evaluate the safety and effectiveness of a high-intensity focused ultrasound device for noninvasive body sculpting.* *Plast Reconstr Surg* 2011 July;28(1):253-62.
- *Exparel™ for long acting local analgesia in postsurgical pain control.* Presented at Hot Topics and Best of Hot Topics, Sept 2011 ASPS Annual Meeting, Denver CO.
- *Update on Wine and Health.* Invited lecture, Boston Wine Expo, January 2012.
- Guest Editor, *Clinics in Plastic Surgery: Acellular Dermal Matrices in Breast Surgery.* April 2012;39(2).
- Baxter RA. *Acellular dermal matrices in breast implant surgery: defining the problem and proof of concept.* *Clin Plast Surg* April 2012;39(2):103-112.
- Bengtson B, Baxter R. *Emerging applications for acellular dermal matrices in mastopexy.* *Clin Plast Surg* April 2012. 39(2):159-166.
- *Aesthetic Ultrasound Comes of Age: From Body Sculpting to Skin Rejuvenation.* Presented at The Aesthetic Show, Las Vegas, April 2012.

- *Noninvasive Custom Contouring of Patient Waistlines with a New High-Intensity Focused Ultrasound System.* Presented at The Aesthetic Show, Las Vegas, April 2012.
- Faculty Moderator, 3rd Annual Northwest Breast Symposium. Woodinville, WA, May 2012.
- Course faculty, ASAPS Course: High-Intensity Focused Ultrasound – The Basics. Vancouver BC, May 2012.
- Jewell MJ, Weiss RA, Baxter RA et al. *Safety and tolerability of high-intensity focused ultrasonography for noninvasive body sculpting: 24-week data from a randomized, sham-controlled study.* *Aesthet Surg J* 2012 Sept 1;32(7):868-76.
- *Serica scaffold in breast surgery.* Presented at Hot Topics, ASPS meeting, Toronto, 2012.
- *Integrative thinking for innovation in plastic surgery.* Presented at Hot Topics, ASPS annual meeting, Toronto, Oct 2012.
- Invited lecturer, XX Congreso-Jornadas en Provincia, Mexican Academy of Dermatology. Manzanillo, Mexico, October 2012.
- *Non-toxin alternatives.* Presented at Hot Topics, American Society of Plastic Surgeons Annual Scientific Meeting, New Orleans, October 2012.
- Baxter R, Bramlett K, Onel E, Daniels S. *Impact of local administration of liposome bupivacaine for postsurgical analgesia on wound healing: A review of data from ten prospective, controlled studies.* *Clin Ther.* 2013 Feb 28. 2013 Mar;35(3):312-320.
- Baxter R. *Long-term follow-up with AlloDerm in breast reconstruction.* *Plastic and Reconstructive Surgery - Global Open* 2013 Jun 7;1(2):1-2.
- Chair, Annual Northwest Breast Symposium. Woodinville, WA, May 2013.
- *The internal bra for mastopexy: Past, present and future.* Presented at the annual meeting of the Washington Society of Plastic Surgeons, Orcas Island, WA, 2013.
- Invited faculty, Allergan Academy at Baker Gordon Symposium, Miami FL, 2014.
- *The composite internal bra: A unifying solution for revision breast surgery.* Presented at the Northwest Society of Plastic Surgeons Annual Meeting, Sun Peaks BC, 2014.
- *Cellulite Devices: How is that technology doing now?* Presented at Premiere Global Hot Topics, American Society for Aesthetic Plastic Surgery meeting, San Francisco, 2014.
- *JeNu Ultrasound.* Presented at Premiere Global Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, San Francisco, 2014.

- Bengtson B, Baxter RA, Clemens MW, Bates D. *A 12-month survey of early use and surgeon satisfaction with a new highly purified silk matrix: SERI Surgical Scaffold*. Plastic and Reconstructive Surgery – Global Open. Published ahead of print July 18, 2014.
- Baxter R. *Discussion: applications of acellular dermal matrix in revision breast reconstruction surgery*. Plastic and Reconstructive Surgery 2014 Aug 134(2):323e.
- *Advances in Breast Reconstruction: DTI, ADM's and Mesh*. Presented at Good Samaritan Hospital Grand Rounds, West Palm Beach FL, 2014.
- *Clinical Research in Private Practice: How and Why*. Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Kona, Hawaii, 2015.
- Invited faculty, ASAPS Cosmetic Medicine instructional course, Montreal, 2015.
- *Correction of Animation Deformity with the Split Muscle Technique: A 10-year Experience*. Poster presentation, ASAPS annual meeting, 2015.
- *Correction and prevention of animation deformity with the split muscle technique*. Presented at the annual meeting of the Washington Society of Plastic Surgeons, Walla Walla, 2015.
- *Invited video lecture on revision breast surgery*, Canadian Society for Aesthetic plastic Surgery (CSAPS), Montreal, 2015.
- *Beyond resveratrol: New anti-aging science with wine*. Invited lecture, CSAPS, Montreal, 2015.
- Flugstad NA, Pozner JN, Baxter RA, Creasman C, Egrari S, Martin S, Messa CA 3rd, Oliva A, Schlesinger SL, Kortesis BG. *Does Implant Insertion with a Funnel Decrease Capsular Contracture? A Preliminary Report*. Aesthet Surg J. 2015 Dec 15.
- Baxter RA. *Internal bra: a unifying solution for reconstructive and aesthetic breast surgery issues*. Plast Aesthet Res 2016;3:3-7.
- Invited speaker, Association des Specialistes en Chirurgie Plastique et Esthetique du Quebec, 2016:
 - *The Internal Bra in Mastopexy*
 - *Trends in Abdominoplasty*
- *Anti-aging is back: Sirtuin activators*. Presented at the annual meeting of the American Society of Plastic Surgeons, Los Angeles, 2016; voted for “Best of Hot Topics” session.

- *Reducing capsular contracture with the Keller funnel.* Presented at the annual meeting of the American Society of Plastic Surgeons, Los Angeles, 2016.
- *Exparel Update.* Presented at ASAPS “Best of Hot Topics – 10 Years,” San Diego, 2017.
- *Evolution of the internal bra.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, 2017.
- *The split muscle technique: A personal approach to correction and prevention of animation deformity.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, 2017.
- *Trends in Abdominoplasty.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, 2017.
- Co-chair, Hot Topics session, ASPS annual meeting, Orlando FL, Oct. 6 2017.
- *The opioid epidemic – new strategies for management of post-surgical pain.* Presented at ASPS Hot Topics, Orlando FL, 2017.
- *Use of mesh in mastopexy: How, why, and when.* Presented at the annual meeting of the American Society of Plastic Surgeons, Orlando FL, 2017.
- Adams WP, Baxter R, Glicksman C, Mast BA, Tantillo M, Van Natta BW; *The Use of Poly-4-Hydroxybutyrate (P4HB) Scaffold in the Ptotic Breast: A Multicenter Clinical Study.* *Aesthet Surg J.* 2018 Apr 6;38(5):502-518.
- *Enhancing long term results with periareolar mastopexy.* Presented at the Washington Society of Plastic Surgeons annual meeting, Chelan, WA, 2018.
- *Australia’s Wine Doctors.* Presented at the Wine Media Conference, Hunter Valley, Australia October 2019.
- *The history of wine and surgery.* Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Sun Valley ID 2020.
- Richard A Baxter, MD, *Commentary on: Safety of a Protective Funnel in Primary Breast Augmentation: A Retrospective Analysis of 380 Multicenter Cases in the United States,* *Aesthetic Surgery Journal,* 2021; , sjab224, <https://doi.org/10.1093/asj/sjab224>

Publications (Non-Peer Reviewed, Partial List)

1. "Optimizing Results with Saline Breast Implants." R.A. Baxter, M.D., Plastic Surgery Products May/June 1999.
- 2.
3. "Plane" talk about breast augmentation. SkinDeep magazine, Issue 1, 2005
4. "The 10 biggest plastic surgery myths." SkinDeep magazine, Issue 2, 2006
5. "Plastic Surgery in a Pill?" SkinDeep magazine, Issue 2, 2006.
6. Age Gets Better with Wine: New Science for a Healthier, Better, and Longer Life. Richard A. Baxter, MD., 2007. The Wine Appreciation Guild, South San Francisco, 2009.
7. Concentrated Power: Is Resveratrol the First True Anti-Aging Compound? *Healthy Aging* Sept/Oct 2008.
8. Nipple or Areolar Reduction with Simultaneous Breast Augmentation. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin: Springer; 2008.
9. Modified Subfascial Breast Augmentation. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin: Springer; 2008.
10. Intracapsular Allogenic Dermal Grafts for Periprosthetic Breast Implant Problems. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin: Springer; 2008.
11. Beyond Appearances: The New Face of Cosmetic Medicine. *Healthy Aging* July/August 2009.
12. The French paradox in the 21st century: Is wine still a prescription for health? *The Bulletin, King County Medical Society* 2010May/June;89(3):10-12.
13. Permeation enhancers are key to cosmeceutical effectiveness. Healthy-Aging. Advanceweb.com, September 2010.
14. *Wine and Health: Making Sense of the New Science and What it Means for Wine Lovers*. Board and Bench, San Francisco, October 2019.
15. *Addressing animation deformity in breast augmentation*. ISAPS News, April-June 2020.