

CURRICULUM VITAE

Richard A. Baxter, MD, FACS

Board certified plastic surgeon, researcher, author, artist, and tanguero

Last updated September 2024

Positions:

Private Practice at Baxter Plastic Surgery PLLC dba PHASE Plastic Surgery 1990-present

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Owner and Director, PHASE Plastic Surgery, PHASE Longevity, and PHASE ASC

Chair, Data Safety Monitoring Board [clinical trial identifier redacted]

Chair, Central Safety Board [clinical trial identifier redacted]

Medical Director, Calidora Skin Clinics 2005-2013, Skin Spirit Washington 2013-2021

Medical Education:

M.D., June 1983, University of California, San Diego School of Medicine

Residency Training:

General Surgery Residency: Swedish Hospital Medical Center, Seattle, WA. 6/83 – 6/88

Plastic Surgery Residency: Oregon Health Sciences University, 7/88 - 6/90

Licenses and Certification:

Washington State Medical License #22150

California License Certificate #G87955 (retired status as of 10/31/22)

Oregon State Medical License #15822 (inactive)

Diplomate, American Board of Surgery, Certificate #34155, 1989 -1999

Diplomate, American Board of Plastic Surgery, Certificate #4131, 1992

Longevity Medicine Certificate, Level 1 2020, Level 2 2023.

Peptide Therapy Certification 2023

Professional Society Memberships:

American Society of Plastic Surgeons (ASPS)

Fellow, American College of Surgeons

King County Medical Society

Northwest Society of Plastic Surgeons

Washington Society of Plastic Surgeons

American Society for Aesthetic Plastic Surgery (ASAPS)

International Society for Aesthetic Plastic Surgery (ISAPS)

Healthy Longevity Medicine Society

Committee and Society Positions:

King County Medical Society Grievance Committee 1/92-12/92

Washington State Medical Association Judicial Council 2001-2006 (Vice-chair)

Stevens Memorial Hospital (now Swedish/Edmonds) Credentials Committee 1993-4,
Chair 1995-6

IRB Committee 2011

Washington Society of Plastic Surgeons

President 1998

Vice President 1997

ASPS Health Policy Analysis Committee, 1993-97

Public Education Committee, 1997-2001

Online Communications Committee 2000-2002

Emerging Trends Committee, 2008 – 2018

ASPS ad hoc Spokespersons Network Member

Northwest Society of Plastic Surgeons

President 2004

Vice President 2002

AAAASF Inspectors Committee 2002-2003

ASAPS Membership Committee, Northwest Region Representative 2007-2010

ASAPS/ASERF Innovative Procedures Committee 2008-2018

ASAPS Ethics Commission Chair 2018-2021

Clinical Trial Participation

Study	Dates	IRB	Protocol #	Sponsor
A Randomized, Sham-Controlled Evaluation of the Safety and Effectiveness of Treatment of Adipose Tissue using a Focused Ultrasound Device (SCULPT study)	6/23/2009-9/21/2009	Quintiles	LP-1100-01	Liposonix
A Phase 2, Randomized, Double Blind Within-Subject Controlled Study to Evaluate Efficacy and Safety of Various Doses and Regimen of EXC 001 for the Amelioration of Scarring Following Revision of Scars From Prior Breast Surgery in Adult Subjects	05/2011-11/2011	Aspire	001-204	Excaliard
A Phase 2, Open Label Study on Revision of Scars Resulting From Surgery in Prior Studies of EXC 001	06/2012-12/2012	Aspire	001-206	Excaliard
SERI Surgical Scaffold for Soft Tissue Support of Stretch Deformities in Revision Breast Augmentation Surgery	11/2014-11/2015	Compass	GMA-Seri-12-001	Allergan
Use of Galaflex Mesh in Ptotic Breast	11/2013-12/2014	WIRB	CP-1050	Tepha
Sientra Silicone Gel Breast Implants: Post Approval PMA Cohort Study		IRBCO	CP-1005	Sientra
Assessing the Impact of EXPAREL® On Patient Outcomes and Ease of Use When Administered By Infiltration In Subjects Undergoing Augmentation Mammoplasty, Breast Reduction and Abdominoplasty Surgeries.	2012	WIRB	MSE401	Pacira
Mentor Ultrasound-assisted lipoplasty system IDE Clinical trial	1999-2000	WIRB	G960235	Mentor
Breast Implant Follow-up Study	2008 -	IRB	BIFS-001	Allergan
An evaluation of Abdominal Tissue Treated with the Thermacool System in Combination with Liposuction	2007		C-07-29	Thermage

Miscellaneous:

World's first live plastic surgery webcast, October 1998

Voted "Favorite Plastic Surgeon" in the Best of Western Washington poll, KING5-TV's
Evening Magazine, 2009

Clinical Instructor, University of Washington School of Medicine, 1992-2009

Medical Advisory Board (founding member), Liposonix Corp., 2003-2008

Listed in "Guide to Top Doctors" (voted by peers) 1999

Listed in "America's Cosmetic Doctors and Dentists"

"Healing the Children" volunteer surgical missions to Latvia, 1995 and Guatemala, 1997

Capital campaign co-chair, Historic Auditorium Renovation Project, Edmonds Center for
the Arts

Chair, 2006 Washington Wines Festival Charitable Auction

ASAPS Certificate of Special Recognition for Community Service and Volunteerism, 2004

WSPS "Golden Hands" Award for Best Cosmetic Surgery Case Presentation, June 2007

Drawing selected for cover art, ASAPS membership roster 2009-2010

Drawing selected for 2010 Edmonds Arts Festival juried show

Mirror ball trophy, Argentine tango, *Seattle Dances* fundraiser 2012

Commandeur of the Renaud Society 2021 – present (RenaudSociety.org)

Research and Presentations

1. *Lumpectomy and Axillary Dissection for Breast Cancer: Review of 100 cases.* R.A. Baxter, M.D., and H. Clark Hoffman, M.D. Presented to Washington State Chapter American College of Surgeons, June 1984.
2. *Breast Cancer in Women under Age 30: Review of the Experience at Swedish Hospital Medical Center.* Presented to Seattle Surgical Society, January 1986.
3. *Immediate Postmastectomy Breast Reconstruction.* R.A. Baxter, M.D., et al. Presented to Washington State Chapter, American College of Surgeons, June 1986.
4. *Surgical Options in the Management of Large Omphaloceles.* Edwin F. Hatch, M.D., R.A. Baxter, M.D. *Amer. J. Surg.* 153:449, 1987.

5. *The Legacy of St. Agatha: A History of Breast Reconstruction.* Swedish Hospital Medical Staff CME Conference, May 1988.
6. *The Problem Wound.* OHSU Department of Surgery Grand Rounds, April 1989.
7. *Reconstruction of the Infected Median Sternotomy Wound.* A.E. Seyfer, M.D., R.A. Baxter, M.D. Gregory Combs, M.D. Read before Twenty-Fifth Annual Meeting, Oregon Chapter, American College of Surgeons, September 22, 1989.
8. *Cranial Bone Grafting in Facial Trauma.* R.A. Baxter, M.D. Robert J. Demuth, M.D. Read before the Northwest Society of Plastic Surgeons Annual Meeting, 1989.
9. *Mandible Reconstruction with Pedicled Calvarial Bone and Axial Rib Bone Flaps.* R.A. Baxter, M.D., Truman Sasaki, M.D., Robert J. Demuth, M.D. Read before the Pacific Coast Surgical Association Meeting, February 1990.
10. *The Pursestring Mastopexy.* R.A. Baxter, M.D. Presented to Washington State Chapter of the American College of Surgeons, June 1995.
11. *Serum Lipid Changes with Large Volume Liposuction.* Presented to Northwest Society of Plastic Surgeons annual meeting, February 1997.
12. Course Instructor, LySonix Ultrasonic –Assisted Liposuction Seminar, Vancouver BC, September 12-13, 1997.
13. *Pearls and Pitfalls with Ultrasonic-Assisted Liposuction: Review of 100 Cases.* Read before the Northwest Society of Plastic Surgeons Annual Meeting, February 1998 (voted Best Member Paper)
14. Baxter RA. *Histologic Effects of Ultrasonic-Assisted Lipoplasty.* Aesthet Surg J 1999; 19:109-114.
15. *Ultrasonic-Assisted Liposuction (Internal)* chapter for e-medicine online textbook, publication 2002.
16. *Internal vs. External Ultrasonic-Assisted Liposuction: Preliminary results.* Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2000.
17. *Risk of Intraluminal Saline Implant Infection.* Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2000.
18. *Designing a website for a plastic surgery practice.* Washington Society of Plastic Surgeons High Tech Summit, April 8, 2000.

19. Baxter RA. *Controlled Results with Abdominoplasty*. Aesthetic Plastic Surgery 2001;25(5):357-64.
20. "Three Breast Implant Tips". Northwest Society of Plastic Surgeons Annual Meeting, February 2002. (voted Best Member Paper)
21. *Controlled Results with Abdominoplasty*. Presented at the Northwest Society of Plastic Surgeons Annual Meeting, February 2003.
22. Baxter RA. *Intracapsular Allogenic Dermal Grafts for Breast Implant-Related Problems*. Plastic and Reconstructive Surgery 2003;112(6):1692-6.
23. Baxter RA. *Nipple or Areolar Reduction with Simultaneous Breast Augmentation*. Plastic and Reconstructive Surgery 2003;112(7):1918-21.
24. Baxter RA. *Indications and Practical Applications for High-Profile Saline Implants*. Aesthet Surg J 2004;24(1):24-27.
25. *Anti-Aging Effects of Red Wine Polyphenols*. Presented to 29th Annual Convention of the American Society of Plastic Surgery Nurses, San Diego, October 2003
26. *Controlled Results with Abdominoplasty*. Presented to 29th Annual Convention of the American Society of Plastic Surgery Nurses, San Diego, October 2003
27. *Anti-Aging Effects of Red Wine Polyphenols*. Presented to the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Lake Louise, Alberta, Feb. 2004
28. *Age gets better with wine: Anti-aging effects of wine polyphenols*. Presented to the Society of Physicians for Wine and Health, Portland, Oregon, May 16 2004.
29. Baxter R. *Subfascial breast augmentation: Theme and variations*. Aesthet Surg J 2005;25(5):447-53.
30. *The split subfascial/subpectoral technique for breast augmentation*. Presented to the conjoined meeting of the California Society of Plastic Surgeons and the Rocky Mountain Association of Plastic Surgeons, Las Vegas, Nevada, June 3 2006.
31. Invited faculty, Fourth International Congress of Plastic, Aesthetic, and Reconstructive Surgery, Monterrey, Mexico, March 22-24, 2007.
32. Baxter R. *Anti-aging properties of resveratrol: review and report of a potent new antioxidant skin care formulation*. J Cosmetic Dermatol 2008;7:2-7.

33. *The split muscle approach for breast augmentation.* Presented at the Northwest Society of Plastic Surgeons, Hawaii, Feb 4, 2008.
34. *A prospective study of immediate post-liposuction Thermage for skin tightening.* Presented to the Northwest Society of Plastic Surgeons, Hawaii, Feb 4, 2008.
35. *Does Age Get Better With Wine?* Presented to the Society of Wine Educators annual meeting, New Orleans, May 23, 2008.
36. *Better Red than Dead? Update on Wine and Health.* Presented to the Society of Wine Educators annual meeting, Sacramento, CA, July 29, 2009.
37. *Subfascial and split subpectoral breast augmentation: Theme and variations.* Presented at the annual meeting of the American Society of Plastic Surgery Nurses, October 24, 2009.
38. *Prevention and correction of animation deformities with subpectoral breast augmentation.* Presented at the 15th World Congress of the International Confederation for Plastic, Reconstructive, and Aesthetic Surgery, New Delhi, India, December 1, 2009.
39. *Innovating the future of plastic surgery.* Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Kauai, February 24, 2010.
40. *Aging Better with Wine.* Hot Topics Special Presentation, American Society for Aesthetic Plastic Surgery annual meeting, Washington DC, April 23, 2010.
41. Faculty moderator, Northwest Breast Symposium, Woodinville, WA May 14-15, 2010.
42. *Is resveratrol a true anti-aging compound?* Am J Aesthetic Medicine 2010 July;1:9-12.
43. *Prevention and correction of animation deformities with split muscle technique for breast augmentation.* Electronic presentation, International Society of Aesthetic Plastic Surgeons 20th Congress, San Francisco, August 14-18, 2010.
44. *Integrative thinking and its utility in plastic surgery.* Presented at the American Society of Plastic Surgeons Hot Topics session, Toronto, CA, Oct 1 2010.
45. *Ulthera microfocused ultrasound for facial rejuvenation.* Presented at the Japanese Society for Aesthetic Plastic Surgery, Kyoto, Oct 7 2010.
46. Invited faculty, Lifecell Breast Augmentation Revision Surgeons Forum, Las Vegas, Oct 16, 2010.

47. Baxter R. *Update on the split muscle technique for breast augmentation: Prevention and correction of animation distortion and double-bubble deformity.* Aesthetic Plast Surg 2011;35(3):426-9.
48. *Is Resveratrol a True Anti-Aging Compound?* Invited lecture, 18th annual World Congress on Anti-Aging Medicine and Biomedical Technologies, Las Vegas Dec 11-12, 2010.
49. Invited Panelist, New Technology, NWSPS annual scientific meeting, Sun Valley, Feb 14, 2011.
50. *Social Media for the Plastic Surgeon.* Invited lecture, NWSPS annual scientific meeting, Sun Valley, Feb 16, 2011.
51. *Botanical Antioxidants: The next big thing in skin care?* Presented at the Society of Plastic Surgery Skin Care Specialists annual meeting, Boston, May 6, 2011.
52. *Plastic surgery tourism: A global issue.* Presented at Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, May 7, 2011.
53. *Update on wine and health.* Keynote address, Florida Society of Interventional Pain Specialists, Kissimmee FL, May 13, 2011.
54. *High Intensity Focused Ultrasound for Noninvasive Body Contouring: Relationship of Energy level to Effectiveness, Exposure Time, and Tolerability.* Presented at the 16th World Congress of the International Confederation for Plastic, Reconstructive, and Aesthetic Surgery, Vancouver Canada, May 26, 2011.
55. *Navigating the social network for plastic surgeons.* Presented at the annual scientific meeting of the Washington Society of Plastic Surgeons, Chelan WA, June 25 2011.
56. Jewell ML, Baxter RA, Cox SE, Donofrio LM, Dover JS, Glogau RG, Kane MA, Weiss RA, Martin PM, Schlessinger J. *Randomized sham-controlled trial to evaluate the safety and effectiveness of a high-intensity focused ultrasound device for noninvasive body sculpting.* Plast Reconstr Surg 2011 July;28(1):253-62.
57. *Exparel™ for long acting local analgesia in postsurgical pain control.* Presented at Hot Topics and Best of Hot Topics, Sept 23 and 26, 2011 ASPS Annual Meeting, Denver CO.
58. *Update on Wine and Health.* Invited lecture, Boston Wine Expo, January 22, 2012.
59. Guest Editor, Clinics in Plastic Surgery: Acellular Dermal Matrices in Breast Surgery. April 2012;39(2).
60. Baxter RA. *Acellular dermal matrices in breast implant surgery: defining the problem and proof of concept.* Clin Plast Surg April 2012;39(2):103-112.

61. Bengtson B, Baxter R. *Emerging applications for acellular dermal matrices in mastopexy*. Clin Plast Surg April 2012. 39(2):159-166.
62. *Aesthetic Ultrasound Comes of Age: From Body Sculpting to Skin Rejuvenation*. Presented at The Aesthetic Show, Las Vegas, April 13 2012.
63. *Noninvasive Custom Contouring of Patient Waistlines with a New High-Intensity Focused Ultrasound System*. Presented at The Aesthetic Show, Las Vegas, April 14 2012.
64. Faculty Moderator, 3rd Annual Northwest Breast Symposium. Woodinville, WA, May 18-19, 2012.
65. Course faculty, ASAPS Course #407: High-Intensity Focused Ultrasound – The Basics. Vancouver BC, May 6 2012.
66. Jewell MJ, Weiss RA, Baxter RA et al. *Safety and tolerability of high-intensity focused ultrasonography for noninvasive body sculpting: 24-week data from a randomized, sham-controlled study*. Aesthet Surg J 2012 Sept 1;32(7):868-76.
67. *Serica scaffold in breast surgery*. Presented at Hot Topics, ASPS annual meeting, Toronto, Oct 1 2012.
68. *Integrative thinking for innovation in plastic surgery*. Presented at Hot Topics, ASPS annual meeting, Toronto, Oct 1 2012.
69. Invited lecturer, XX Congreso-Jornadas en Provincia, Mexican Academy of Dermatology. Manzanillo, Mexico, 19 October 2012.
70. *Non-toxin alternatives*. Presented at Hot Topics, American Society of Plastic Surgeons Annual Scientific Meeting, New Orleans, October 26, 2012.
71. Baxter R, Bramlett K, Onel E, Daniels S. *Impact of local administration of liposome bupivacaine for postsurgical analgesia on wound healing: A review of data from ten prospective, controlled studies*. Clin Ther. 2013 Feb 28. 2013 Mar;35(3):312-320.
72. *Open source biomedical publishing: What plastic surgeons need to know*. Presented at Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, New York, NY April 12 2013.
73. Baxter R. *Long-term follow-up with AlloDerm in breast reconstruction*. Plastic and Reconstructive Surgery - Global Open 2013 Jun 7;1(2):1-2.
74. Chair, Annual Northwest Breast Symposium. Woodinville, WA, May 17-18 2013.
75. *The internal bra for mastopexy: Past, present and future*. Presented at the annual meeting of the Washington Society of Plastic Surgeons, Orcas Island, WA, June 9 2013.

76. Invited faculty, Allergan Academy at Baker Gordon Symposium, Miami FL, Feb 13, 2014.
77. *The composite internal bra: A unifying solution for revision breast surgery.* Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Sun Peaks BC, Feb17, 2014.
78. *Cellulite Devices: How is that technology doing now?* Presented at Premiere Global Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, San Francisco, April 25 2014.
79. *JeNu Ultrasound.* Presented at Premiere Global Hot Topics, American Society for Aesthetic Plastic Surgery annual meeting, San Francisco, April 25 2014.
80. Bengtson B, Baxter RA, Clemens MW, Bates D. *A 12-month survey of early use and surgeon satisfaction with a new highly purified silk matrix: SERI Surgical Scaffold.* Plastic and Reconstructive Surgery – Global Open. Published ahead of print July 18, 2014.
81. Baxter R. *Discussion: applications of acellular dermal matrix in revision breast reconstruction surgery.* Plastic and Reconstructive Surgery 2014 Aug 134(2):323e.
82. *Advances in Breast Reconstruction: DTI, ADM's and Mesh.* Presented at Good Samaritan Hospital Grand Rounds, West Palm Beach FL, November 5 2014.
83. *Wine and Aging.* Presented to the Historical Committee of the King County Medical Society, February 10, 2015.
84. *Clinical Research in Private Practice: How and Why.* Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Kona, Hawaii, February 16, 2015.
85. Invited faculty, ASAPS Cosmetic Medicine instructional course, Montreal, May 15 2015.
86. *Correction of Animation Deformity with the Split Muscle Technique: A 10-year Experience.* Poster presentation, ASAPS annual meeting, Montreal, May 2015.
87. *Correction and prevention of animation deformity with the split muscle technique.* Presented at the annual meeting of the Washington Society of Plastic Surgeons, Walla Walla, June 13 2015.
88. *Invited video lecture on revision breast surgery,* Canadian Society for Aesthetic plastic Surgery (CSAPS), Montreal, Sept 18, 2015.
89. *Beyond resveratrol: New anti-aging science with wine.* Invited lecture, CSAPS, Montreal, Sept 19, 2015.

90. Flugstad NA, Pozner JN, Baxter RA, Creasman C, Egrari S, Martin S, Messa CA 3rd, Oliva A, Schlesinger SL, Kortesis BG. *Does Implant Insertion with a Funnel Decrease Capsular Contracture? A Preliminary Report.* Aesthet Surg J. 2015 Dec 15.
91. Baxter RA. *Internal bra: a unifying solution for reconstructive and aesthetic breast surgery issues.* Plast Aesthet Res 2016;3:3-7.
92. Invited speaker, Association des Specialistes en Chirurgie Plastique et Esthetique du Quebec March 18-19, 2016:

The Internal Bra in Mastopexy

Trends in Abdominoplasty
93. *Anti-aging is back: Sirtuin activators.* Presented at the annual meeting of the American Society of Plastic Surgeons, Los Angeles, Sept 23, 2016; voted for “Best of Hot Topics” session Sept 24.
94. *Reducing capsular contracture with the Keller funnel.* Presented at the annual meeting of the American Society of Plastic Surgeons, Los Angeles, Sept 23, 2016.
95. *Exparel Update.* Presented at ASAPS “Best of Hot Topics – 10 Years,” San Diego, May 2, 2017.
96. *Evolution of the internal bra.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, June 8, 2017.
97. *The split muscle technique: A personal approach to correction and prevention of animation deformity.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, June 9, 2017.
98. *Trends in Abdominoplasty.* Presented at Vegas Cosmetic Surgery & Aesthetic Dermatology, Las Vegas, June 11, 2017.
99. Co-chair, Hot Topics session, ASPS annual meeting, Orlando FL, Oct. 6 2017.
100. *The opioid epidemic – new strategies for management of post-surgical pain.* Presented at ASPS Hot Topics, Orlando FL, Oct 6 2017.
101. *Use of mesh in mastopexy: How, why, and when.* Presented at the annual meeting of the American Society of Plastic Surgeons, Orlando FL, Oct 8 2017.

102. Adams WP, Baxter R, Glicksman C, Mast BA, Tantillo M, Van Natta BW; *The Use of Poly-4-Hydroxybutyrate (P4HB) Scaffold in the Ptotic Breast: A Multicenter Clinical Study*. *Aesthet Surg J*. 2018 Apr 6;38(5):502-518.
103. *Enhancing long term results with periareolar mastopexy*. Presented at the Washington Society of Plastic Surgeons annual meeting, Chelan, WA, June 23, 2018.
104. *Australia's Wine Doctors*. Presented at the Wine Media Conference, Hunter Valley, Australia October 12, 2019.
105. *The history of wine and surgery*. Presented at the Northwest Society of Plastic Surgeons Annual Scientific Meeting, Sun Valley ID Feb 18, 2020.
106. Richard A Baxter, MD, *Commentary on: Safety of a Protective Funnel in Primary Breast Augmentation: A Retrospective Analysis of 380 Multicenter Cases in the United States*, *Aesthetic Surgery Journal*, 2021;, sjab224, <https://doi.org/10.1093/asj/sjab224>
107. *Beyond resveratrol: New science of anti-aging*. Presented virtually to the Northwest Society of Plastic Surgeons, February 20, 2022.
108. Baxter RA, Khan UD. *Pectoral Muscle Re-Attachment with Breast Implant Removal*. *Aesthetic Plast Surg*. 2022 Jul 20. doi: 10.1007/s00266-022-03011-5. PMID: 35859016.
109. Georgievskaya, A., Danko, D., Baxter, R.A., Corstjens, H., Tlyachev, T. (2023). Artificial Intelligence Approaches for Skin Anti-aging and Skin Resilience Research. In: Moskalev, A., Stambler, I., Zhavoronkov, A. (eds) *Artificial Intelligence for Healthy Longevity. Healthy Ageing and Longevity*, vol 19. Springer, Cham. https://doi.org/10.1007/978-3-031-35176-1_10

Publications (Non-Peer Reviewed)

1. "Optimizing Results with Saline Breast Implants." R.A. Baxter, M.D., *Plastic Surgery Products* May/June 1999.
2. "Time to wean the media off breast implant debate." Invited guest editorial, *Seattle Times*, June 30, 1999.
3. "Flaws in cosmetic-surgery tax proposal." Op-ed, *Seattle Post-Intelligencer*, February 10, 2005
4. "Plane" talk about breast augmentation. *SkinDeep* magazine, Issue 1, 2005

5. "The 10 biggest plastic surgery myths." SkinDeep magazine, Issue 2, 2006
6. "Plastic Surgery in a Pill?" SkinDeep magazine, Issue 2, 2006.
7. "Is wine a vitamin?" D List magazine, May 2007.
8. "Restylane and Relaxation: What You Need to Know About Plastic Surgery Tourism" SkinDeep magazine, Issue 3, 2007.
9. Age Gets Better with Wine: New Science for a Healthier, Better, and Longer Life. Richard A. Baxter, MD., 2007. Second Edition, The Wine Appreciation Guild, South San Francisco, 2009.
10. Concentrated Power: Is Resveratrol the First True Anti-Aging Compound? *Healthy Aging* Sept/Oct 2008; 67-72.
11. Nipple or Areolar Reduction with Simultaneous Breast Augmentation. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin, Germany: Springer; 2008:247-250.
12. Modified Subfascial Breast Augmentation. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin, Germany: Springer; 2008:409-413.
13. Intracapsular Allogenic Dermal Grafts for Periprosthetic Breast Implant Problems. In: Shiffman M, ed. *Breast Augmentation Principles and Practice*. Berlin, Germany: Springer; 2008:605-608.
14. Trendcasting Plastic Surgery: Does it Make Sense in a Down Economy? Guest column, HealthNewsDigest.com, Apr 12, 2009
15. Beyond Appearances: The New Face of Cosmetic Medicine. *Healthy Aging* July/August 2009; 19-21.
16. The French paradox in the 21st century: Is wine still a prescription for health? *The Bulletin, King County Medical Society* 2010May/June;89(3):10-12.
17. Permeation enhancers are key to cosmeceutical effectiveness. Healthy-Aging. Advanceweb.com, September 20, 2010.
18. Beautify your skin from the inside out. 425 Magazine, July 2011.
19. Noninvasive Body Contouring. QMP's Plastic Surgery Pulse News, 4(4); January 13, 2013.

20. The Internal Bra: An Idea Whose Time has Come? QMP's Plastic Surgery Pulse News, 6(1); April 2014.
21. Do Meetings Still Matter in the Digital Era? QMP's Plastic Surgery Pulse News (7)1; April 2015.
22. Monthly wine column for Plastic Surgery Practice Magazine August 2015 -February 2016"
23. Going Long: Extended-Release Local Anesthetics. QMP's Plastic Surgery Pulse News (7)4; April 2016.
24. *Wine and Health: Making Sense of the New Science and What it Means for Wine Lovers.* Board and Bench, San Francisco, October 2019.
25. *Addressing animation deformity in breast augmentation.* ISAPS News, April-June 2020.