

MEGAN C. GRAY, MD

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ACADEMIC TRAINING

Integrated Plastic Surgery Resident Physician, Albany Medical Center, Albany, NY	July 2017-June 2023
M.D. Pennsylvania State College of Medicine, Hershey, PA	2013-2017
B.S. Neuroscience, University of Pittsburgh, Pittsburgh, PA Graduated Summa Cum Laude Chemistry and Music minor	2008-2012

PROFESSIONAL EXPERIENCE

Board Eligible Plastic Surgeon Pearl Plastic Surgery, Olympia, WA	August 2023-September 2025
Board Certified Plastic Surgeon Phase Plastic Surgery, Mountlake Terrace, WA	October 2025-

LICENSING AND BOARD CERTIFICATION

BLS/ACLS Certified	Present
Washington State Medical License (MD.61204014)	9/2021-12/2027
ABPS Board Certified in Plastic Surgery	12/01/2025-Present

SCHOLARSHIP

Publications

Gray, Megan C. MD, Kollu, Tejas BS, Uppal, Priya A. BA BS, Hanos, Christina BS, Heiman, Adele MD, Ricci, Joseph A. MD, Patel, Ashit MBChC FACS. Assessment of the Wisconsin Criteria at a Level I Trauma Center. *J Craniofac Surg*. 2022 Jun 28. doi: 10.1097/SCS.00000000000008593. PMID: 35761447.

Srivatsa, Shachi BS, Heiman, Adele J. MD, **Gray, Megan C. MD**, Carpenter, Courtney MD, Patel, Ashit MBChB, FACS. Variations in Postoperative Management of Pediatric Open-Vault Craniosynostosis, *Journal of Craniofacial Surgery*: January/February 2021 - Volume 32 - Issue 1 - p 305-309

Gray, Megan C. MD.; Gemmiti, Amanda B.S.; Ata, Ashar Ph.D.; Jun, Brandon B.S.; Johnson, Philip K. B.S.; Ricci, Joseph A. M.D.; Patel, Ashit M.B.Ch.B. Can You Trust What You Watch? An Assessment of the Quality of Information in Aesthetic Surgery Videos on YouTube, *Plastic and Reconstructive Surgery*: February 2020 - Volume 145 - Issue 2 - p 329e-336e.

Carr L, **Gray, M**, Morrow B, Brgoch M, Mackay D, Samson T. "Opioid Sparing in Cleft Palate Surgery." *Cleft Palate Craniofac J*. 2018 Jan 1.

Murray PS, Kirkwood CM, **Gray MC**, Ikonomic MD, Paljug WR, Abrahamson EE, Henteleff RA, Hamilton RL, Kofler JK, Klunk WE, Lopez OL, Penzes P, Sweet RA. "β-Amyloid 42/40 ratio and kalirin expression in Alzheimer disease with psychosis." *Neurobiology of Aging*. 2012 Mar 17.

Murray PS, Kirkwood CM, **Gray MC**, Fish KN, Ikonomic MD, Hamilton RL, Kofler JK, Klunk WE, Lopez OL, Sweet RA. "Hyperphosphorylated Tau is elevated in Alzheimer's disease with Psychosis." *Journal of Alzheimer's Disease*. 2013 Nov 22.

Presentations

American Society of Plastic Surgery: Plastic Surgery the Meeting October 2021
Podium Presentation
Assessment of the Validity and Clinical Relevance of the Wisconsin Criteria at a Level 1 Trauma Center
Megan Gray, MD, Christina Hanos, BS, Tejas Kollu, BS, Priya Uppal, BA, BS, Adee Heiman, MD, Joseph Ricci, MD

American Society of Plastic Surgery: Plastic Surgery the Meeting October 2020
Virtual Podium Presentation
Abdominal Wall Thickness Versus BMI as a Predictor of Complications after Abdominally-Based Free Flaps to Treat Mastectomy Defects.
Adee Heiman, MD, Makai Dunne, **Megan Gray, MD**, Ashit Patel, MBChB, FACS, Joseph A. Ricci, MD

American Society of Plastic Surgery: Plastic Surgery the Meeting October 2020
Virtual Podium Presentation
Bibliometric and Article Metric Correlation Comparison Among Plastic Surgery Research: i10-Index, Hirsch-Index, and Altmetric Attention Score.
Eric Shiah, BS, Adee Heiman, MD, **Megan Gray, MD**, Joseph Ricci, MD

American Society of Plastic Surgery: Plastic Surgery the Meeting October 2020
Virtual Podium Presentation
Two-Stage Technique for Flexor Tendon Reconstruction in Zone II: A Systematic Review and Analysis.
Megan Gray, MD, Maxene Weinberg, BS, Michael A Lanni, MD, Ashit Patel, MBChB, FACS, Joseph A. Ricci, MD.

Northeastern Society of Plastic Surgeons Meeting 2020 September 2020
Virtual Podium Presentation
Abdominal Wall Thickness Versus BMI as a Predictor of Complications after Abdominally-Based Free Flaps to Treat Mastectomy Defects.
Adee Heiman, MD, Makai Dunne, **Megan Gray, MD**, Ashit Patel, MBChB, FACS, Joseph A. Ricci, MD

75th Annual American Society for Surgery of the Hand Meeting 2020 October 2020
Poster Presentation
Two-Stage Technique for Flexor Tendon Reconstruction in Zone II: A Systematic Review and Analysis.
Megan Gray, MD, Maxene Weinberg, BS, Michael A Lanni, MD, Ashit Patel, MBChB, FACS, Joseph A. Ricci, MD.

American Society of Plastic Surgery: Plastic Surgery the Meeting September 2019
Podium Presentation
Hand Fracture Injury Patterns and Patient Factors Associated with Noncompliance.
Megan Gray, MD, Emily VanKouwenberg, MD, Christina Rudolph, MD, Kathryn Martin BS, Malcolm Z. Roth MD.

Plastic Surgery Research Council: 64th Annual Meeting May 2019
Podium Presentation

Megan Gray

Can You Trust What You Watch? An Assessment of the Quality of Information in Aesthetic Surgery Videos on YouTube.

Megan Gray, MD, Amanda Gemmiti BS, Ashar Ata PhD, Brandon Jun BS, Philip K. Johnson BS, Joseph A. Ricci MD, Ashit Patel MBChB.

Plastic Surgery Research Council: 64th Annual Meeting

May 2019

Podium Presentation

Risk of Venous Thromboembolism with Cross-Sex Hormone Therapy: a Systematic Review of the Literature and Pooled Analysis.

Vasanth S. Kotamarti, MD, **Megan Gray, MD**, Paschalia Mountziaris, MD, PhD, Joseph A. Ricci, MD, Ashit Patel, MBChB, FACS

Albany Medical College Resident Research Day

April 2019

Poster Presentation

Hand Fracture Injury Patterns and Patient Factors Associated with Noncompliance.

Megan Gray, MD, Emily VanKouwenberg, MD, Christina Rudolph, MD, Kathryn Martin BS, Malcolm Z. Roth MD.

American Association for Hand Surgery Annual Meeting

January 2019

Poster Presentation

Hand Fracture Injury Patterns and Patient Factors Associated with Noncompliance.

Megan Gray, MD, Emily VanKouwenberg, MD, Christina Rudolph, MD, Kathryn Martin BS, Malcolm Z. Roth MD.

American College of Surgeons Clinical Congress 2016

October 2016

Podium Presentation

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

Northeastern Society for Plastic Surgeons Annual Meeting

October 2016

Podium Presentation

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

American Society of Plastic Surgery: Plastic Surgery the Meeting

September 2016

Podium Presentation

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

Penn State College of Medicine Resident Research Day

June 2016

Poster Presentation

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

Penn State College of Medicine Pediatric Research Day

April 2016

Poster Presentation

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

Robert H. Ivy Pennsylvania Plastic Surgery Society Meeting

April 2016

Podium Presentation

Megan Gray

The Effect of Intra-Operative Acetaminophen in Cleft Palate Repair.

Logan Carr, **Megan Gray**, Brad Morrow, Morgan Brgoch, Donald Mackay, Thomas Samson.

Previous Research and Employment

Research Associate, Geriatric Neuropsychology Research Program September 2012 – July 2013
Western Psychiatric Institute, University of Pittsburgh Medical Center, Pittsburgh, PA

Undergraduate Research, Translational Neuroscience Program, Pittsburgh, PA October 2010 – April 2012

Continuing Medical Education

Motiva Master Class with Dr. Michael Schwartz June 12-13, 2025
Live surgery demonstrations exploring the latest surgical techniques, breast implant technology and patient safety with Motiva implants.

HONORS, PRIZES, AWARDS

Albany Medical College Division of Plastic Surgery Resident Academic Achievement Award June 2022
• In recognition of outstanding academic performance in 2021-2022 academic year and awarded to the resident with the highest Inservice examination score

Albany Medical College Division of Plastic Surgery Citizenship Award June 2022
• In recognition for commitment to improving and supporting the plastic surgery resident training program

Veterans Affairs Resident of the Year Award June 2022
• Award for dedication to the VA mission and for exemplary service provided by a Plastic Surgery resident

PA Medical Society Alliance Medical Education Scholarship Fund October 2015
• Award for medical students from Pennsylvania who demonstrate academic and extracurricular excellence.

Penn State College of Medicine Class of 1975 Scholarship Award September 2015
• Recognized for academic, extracurricular and community achievements while in medical school.

Conte Center for the Neuroscience of Mental Disorders Undergraduate Research Fellowship, 2011
• Award to support summer research in the lab of Dr. Robert Sweet to support research for my thesis

University of Pittsburgh Dean's Star Fall 2010, Spring 2011, Spring 2012
• Monetary award given by the university for obtaining a 4.0 G.P.A. in a semester

PROFESIONAL SOCIETIES

Member of American Medical Association

Member of American Society of Plastic Surgeons

Megan Gray
DEPARTMENTAL PRESENTATIONS

Didactics

- Premalignant and Malignant Skin lesions May 2018
- Basics of Flaps and Grafts August 2018
- Chest Wall Reconstruction May 2019, May 2021
- Wound Healing September 2019
- Extensor Tendon Injuries December 2019
- Ear Reconstruction April 2020
- Breast Reduction June 2020
- Basics of Microsurgery August 2020
- Cleft Palate October 2020
- Craniofacial Clefts February 2021
- Lasers in Plastic Surgery August 2021
- Perineal Reconstruction December 2021
- Brow Lift April 2022
- Body Contouring June 2022
- Structure and Function of Skin and Teeth September 2022
- Chest Wall Reconstruction January 2023
- Resiliency in Plastic Surgery June 2023
- Breast Reconstruction October 2023
 - Presented at Kaiser Permanente Olympia, WA didactics
- Breast Reconstruction January 2024
 - Presented at Multidisciplinary Breast and Melanoma Conference Providence St. Peter's Hospital

INTERESTS

Running, cooking, music, violin, scuba diving, basketball, camping, hiking, fishing, kayaking, travelling, farming