BPC-157

PATIENT INFORMATION GUIDE

PHASE
Longevity Clinic



What is BPC-157?

BPC-157 is a synthetic peptide, which means it is a small chain of amino acids (the building blocks of proteins). The name stands for “Body Protection Compound.” It is derived from a protective protein naturally found in the stomach. BPC-157 has been studied for its potential role in supporting tissue repair, reducing inflammation, and promoting recovery after injury.

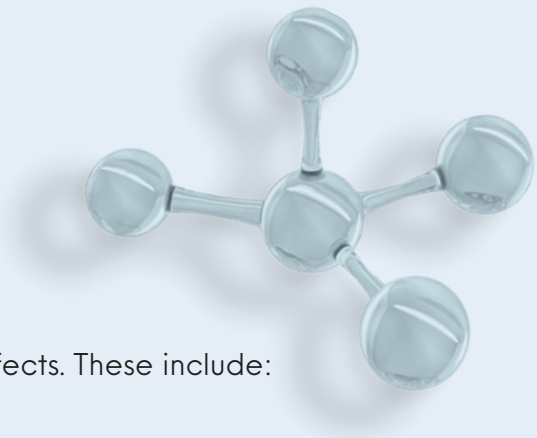
How BPC-157 works:

BPC-157 is believed to work by supporting the body’s natural healing and repair processes.
While research is ongoing, studies suggest it may:

- Support blood flow to injured tissues
- Promote cellular repair and tissue regeneration
- Help regulate inflammation
- Support collagen production, which is important for tendons, ligaments, and skin
- Aid in recovery after physical stress or injury

What to know about BPC-157

BPC-157 is typically given as a subcutaneous injection (an injection under the skin). Your provider will discuss the recommended dosage, injection schedule, and treatment plan based on your individual goals and medical history.



Risks of BPC-157

Peptides are powerful and some may experience side-effects. These include:

· Injection site irritation
· Headache
· Nausea
· Changes in appetite
· Unknown effects. Because these peptides are not FDA-approved, the effects are not well-documented.

Always work with a medical professional with experience prescribing peptides to ensure that you’re getting a medical grade product and getting the best results.

Call us for appointment and consultation (425) 776-0880

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