Triple Peptide

PATIENT INFORMATION GUIDE

PHASE
Longevity Clinic

Peptides are essential molecules used by the body to direct various critical functions, especially for healing and regeneration. They each have a specific purpose, so combinations of them are sometimes needed to provide a more comprehensive approach.



What is the glow peptide?

A triple peptide combination sometimes called the “glow peptide stack” has become popular for rejuvenation as well as for recovery from surgery or injury. We have developed our own formulation with higher concentrations, called the PEPPR (Peptide-Enhanced Post-Procedure Recovery) protocol. (PEPPR has equal amounts of each peptide; other formulations have less and may be subtherapeutic.)

Each of the peptides work differently to optimize healing and improve health:

BPC-157

is naturally produced in the stomach to protect from the harsh effects of digestive acids. It is a signaling molecule the accelerates healing in several tissues including bone, muscle, tendons, and skin. BPC-157 promotes collagen production and enhances blood flow to injured tissues.

TB-500

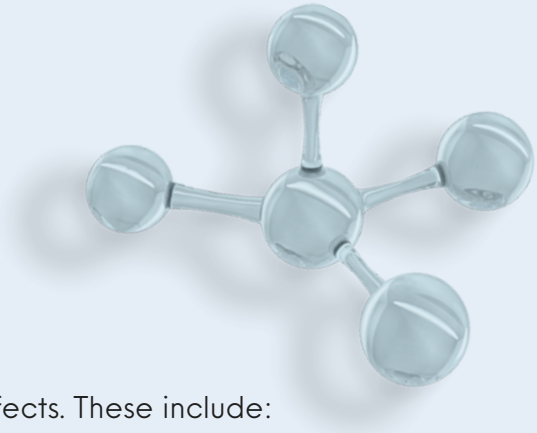
also called Thymosin beta 4, promotes healing and tissue regeneration. TB-500 reduces inflammation and may help to limit adverse scarring.

GHK-Cu

is a copper-containing peptide that accelerates wound healing by acting on enzymes in the extracellular matrix to build collagen and elastin. It is also used to treat thinning hair and age-related changes in skin.

What to know about triple peptide

As with most peptides, these are prescription products that are given by subcutaneous injection. Usually this is done in the evening 5 consecutive days out of 7. The dose may vary, but the regular dose is 0.2 cc (20 units).



Risks of triple peptide

Peptides are powerful and some may experience side-effects. These include:

· Injection site irritation
· Possible promotion of tumor growth
· Unknown effects. Because these peptides are not FDA-approved, the effects are not well-documented.
· TB-500 is considered a performance-enhancing drug and banned by the World Anti-Doping Agency

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